



Pre-K Breakfast

October 2017

2 No School Professional Development Day	3 Rice Krispies Cereal Orange Wedges	4 Chocolate Oat Benefit Bar Fresh Banana	5 Cheerios Cereal Raisins	6 Strawberry Banana Yogurt w/ Animal Crackers Apple Wedges
9 WG Blueberry Muffin Apple Juice	10 Rice Krispies Cereal Orange Wedges	11 Chocolate Oat Benefit Bar Fresh Banana	12 Cheerios Cereal Raisins	13 Strawberry Banana Yogurt w/ Animal Crackers Apple Wedges
16 Chocolate Chip Muffin Applesauce Cup	17 Rice Krispies Cereal Orange Wedges	18 Oat Raisin Benefit Bar Fresh Banana	19 Cheerios Cereal Raisins	20 Strawberry Banana Yogurt w/ Animal Crackers Apple Slices
23 Apple Cinnamon Muffin Orange Juice	24 Rice Krispies Cereal Orange Wedges	25 Chocolate Oat Benefit Bar Fresh Banana	26 Cheerios Cereal Raisins	27 No School Nevada Day
30 Blueberry Muffin Applesauce Cup	31 Rice Krispies Cereal Orange Wedges	1 Oat Raisin Benefit Bar Fresh Banana	2 Cheerios Cereal Raisins	3 Strawberry Banana Yogurt w/ Animal Crackers Apple Slices

More info...

All Grains are Whole Grain
 Students will be asked to choose at least 3 items daily.

More info...

Meal Prices

Breakfast - \$1.50 Lunch - \$2.75
NO Charge for Students at Empire and Mark Twain

Grab a milk

1% low fat & unflavored fat-free choices