



Elementary Lunch Empire, Fremont, Mark Twain

2
No School Professional Development Day

side items

3
Fish Sticks w./ Roll
Chicken Nuggets w/ Breadstick
Turkey Chef Salad w/ Roll

side items
Green Peas Grape Tomatoes
Garden Salad Orange Wedges
Diced Peaches

4 National Taco Day
Crispy Beef Tacos
Hotdog on Bun
Ham Sandwich

side items
Campfire Beans
Fresh Cauliflower Garden Salad
Fresh Banana Diced Pears

5
Rotini w/ Meatsauce
Hamburger
Popcorn Chicken Salad

side items
Whole Kernel Corn
Celery Sticks Garden Salad
Fresh Orange Applesauce

6
Pepperoni Pizza
Chicken Patty Sandwich
Ham & Cheese Wrap

side items
Fresh Cucumbers
Baby Carrots Garden Salad
Fresh Apple 100% Fruit Juice

9 National School Lunch Week
Chicken Drumstick w/ Roll
Hotdog on Bun
Make your Own Pepperoni
Pizza Bagel

side items
French Fries Fresh Broccoli
Garden Salad Mixed Fruit
Apple Slices

10 National School Lunch Week
Rotini w/ Meatsauce
Corn dog
Turkey Wrap

side items
Whole Kernel Corn
Garden Salad Grape Tomatoes
Orange Wedges Diced Peaches

11 National School Lunch Week
BBQ Riblet Sandwich
Chicken Nuggets w/ Roll
All American Chef Salad w/ Roll

side items
Green Peas Fresh Cauliflower
Garden Salad Fresh Banana
Diced Pears

12 National School Lunch Week
Chicken Tacos
Hamburger
Turkey & Cheese Hoagie

side items
Refried Beans Celery Sticks
Garden Salad Fresh Orange
Applesauce

13 National School Lunch Week
Pepperoni Pizza
Chicken Patty Sandwich
Ham Chef Salad w/ Roll

side items
Fresh Cucumbers Baby Carrots
Garden Salad Fresh Apple
100% Fruit Juice

16
Meatloaf w/ Roll
Chicken Tenders w/ Roll
Fruit & Cheese Plate w/ Bear
Grahams

side items
French Fries Grape Tomatoes
Garden Salad Mixed Fruit
Apple Slices

17
Sloppy Joe on Bun
Popcorn Chicken w/ Roll
Turkey & Cheese Sandwich

side items
Green Peas Fresh Cucumbers
Garden Salad Orange Wedges
Diced Peaches

18
Spaghetti w/ Meatsauce
Spicy Chicken Patty Sandwich
All American Cobb Salad w/ Roll

side items
Whole Kernel Corn Celery Sticks
Garden Salad Fresh Banana
Diced Pears

19
Bean & Cheese Burrito
Hot dog on Bun
Ranch Chicken Salad w/ Roll

side items
Campfire Beans Baby Carrots
Garden Salad Fresh Orange
Applesauce

20
Cheese Pizza
Fish Sandwich
Ham & Cheese Hoagie

side items
Fresh Broccoli
Fresh Cauliflower Garden Salad
Fresh Apple 100% Orange Juice

23
Chicken Drumstick w/ Roll
Meatball Sub
Chicken Chef Salad w/ Roll

side items
Whole Kernel Corn
Fresh Broccoli Garden Salad
Mixed Fruit Apple Slices

24
Grilled Cheese Sandwich
Cheeseburger
Ham & Cheese Sandwich

side items
Tater Tots Grape Tomatoes
Garden Salad Orange Wedges
Diced Peaches

25
Tangerine Chicken w/ Brown
Rice
Chicken Nuggets w/ Bdstk
Make Your Own Flatbread
Cheese Pizza

side items
Green Peas Fresh Cauliflower
Garden Salad Fresh Banana
Diced Pears

26
Chicken Patty Sandwich
Corn dog
Turkey Chef Salad w/ Roll

side items
Campfire Beans Celery Sticks
Garden Salad Fresh Orange
Applesauce

27
No School Nevada Day

side items

30
Salisbury Steak w/ Roll
Spicy Chicken Patty Sandwich
Chicken & Cheese Salad w/ Roll

side items
Green Peas Grape Tomatoes
Garden Salad Mixed Fruit
Apple Slices

31 Halloween
Popcorn Chicken w/ Roll
Bean & Cheese Burrito
All American Cobb Salad w/ Roll

side items
Baby Carrots Fresh Cauliflower
Garden Salad Orange Wedges
Diced Peaches Orange Sorbet

1
Chili Mac w/ Breadstick
Chicken Nuggets w/bdstk
Fruit & Cheese Plate w/ Bear
Grahams

side items
Whole Kernel Corn Celery Sticks
Garden Salad Fresh Banana
Diced Pears

2
Crispy Beef Tacos
Hotdog on Bun
Ham & Cheese Sandwich

side items
Kickin' Pinto Beans
Fresh Broccoli Garden Salad
Fresh Orange Applesauce

3
Cheese Pizza
Hamburger
Turkey & Cheese Wrap

side items
French Fries Fresh Cucumbers
Garden Salad Fresh Apple
100% Orange Juice



Choose and Entree: Our featured hot entrée, a hot handheld favorite; and a salad or a sandwich
Take up to 3 sides:
Each meal includes: fresh varieties of fruit, and a healthful rotation of vegetables

Menu Subject to change

Additional Information

Meal Prices

Breakfast—\$1.50 Lunch \$2.75
NO charge for students at Empire and Mark Twain



Grain Choice

We use only heart-healthy whole grain breads and rolls



Milk Choice

1% low fat & unflavored/ flavored fat-free choices \$.50