

Kindergarten Lunch Menu Fritsch

1 No School Winter Break <i>side items</i>	2 No School Winter Break <i>side items</i>	3 No School Winter Break <i>side items</i>	4 No School Winter Break <i>side items</i>	5 No School Winter Break <i>side items</i>
8 Salisbury Steak w/ Gravy & Roll  <i>side items</i> Green Peas Mixed Fruit	9 Make Your Own Pepperoni Pizza Bagel <i>side items</i> Garden Salad Fresh Fruit	10 Popcorn Chicken w/ Roll <i>side items</i> Celery Sticks Fresh Banana	11 Hotdog on Bun <i>side items</i> Garden Salad Applesauce	12 Cheese Pizza <i>side items</i> Fresh Cucumbers 100% Orange Juice
15 No School Martin Luther King Day <i>side items</i>	16 National Hotdog Day Hotdog on Bun <i>side items</i> Green Peas Diced Peaches	17 Chicken Nuggets w/ Roll <i>side items</i> Garden Salad Fresh Banana	18 Hamburger  <i>side items</i> Celery Sticks Applesauce	19 Pepperoni Pizza <i>side items</i> Baby Carrots 100% Fruit Juice
22 Chicken Drumstick w/ Roll  <i>side items</i> French Fries Mixed Fruit	23 Corndog <i>side items</i> Red Pepper Strips Fresh Fruit	24 Meatball Sub <i>side items</i> Green Peas Diced Pears	25 Hamburger <i>side items</i> Garden Salad Applesauce	26 Pepperoni Pizza <i>side items</i> Baby Carrots 100% Fruit Juice
29 No School Professional Development Day <i>side items</i>	30 Chicken Tenders w/ Roll  <i>side items</i> Fresh Cucumbers Diced Peaches	31 Grilled Cheese Sandwich <i>side items</i> Celery Sticks Diced Pears	1 Bean & Cheese Burrito <i>side items</i> Baby Carrots Applesauce	2 Cheese Pizza <i>side items</i> Garden Salad 100% Orange juice



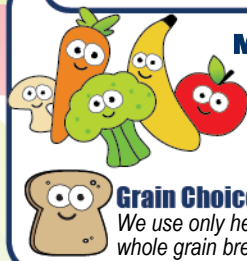
Choose and Entree: Our featured hot entrée, a hot handheld favorite; and a salad or a sandwich
Take up to 3 sides:
 Each meal includes: fresh varieties of fruit, and a healthful rotation of vegetables
Menu Subject to change
Lucky Tray Day-Look on the bottom of your tray today. If you see a sticker or Happy Face you win a prize!



Additional Information

Meal Prices

Breakfast—\$1.50 Lunch \$2.75
 NO charge for students at Empire and Mark Twain



Grain Choice

We use only heart-healthy whole grain breads and rolls



Milk Choice

1% low fat & unflavored/ flavored fat-free choices \$.50