



January 2018

Kindergarten Lunch Menu Empire, Fremont, Mark Twain

1 No School Winter Break side items	2 No School Winter Break side items	3 No School Winter Break side items	4 No School Winter Break side items	5 No School Winter Break side items
8 Salisbury Steak w/ Roll Baby Carrots Mixed Fruit side items	9 Bean & Cheese Burrito Garden Salad Fresh Fruit side items	10 Chicken Tenders w/ Roll Celery Sticks Diced Pears side items	11 Ham & Cheese Sandwich Garden Salad Applesauce side items	12 Cheese Pizza Fresh Cucumbers 100% Orange Juice side items
15 No School Martin Luther King Day side items	16 Hotdog on Bun Green Peas Diced Peaches side items	17 Ham Sandwich Garden Salad Diced Pears side items	18 Hamburger Celery Sticks Applesauce side items	19 Cheese Pizza Baby Carrots 100% Fruit Juice side items
22 Chicken Drumstick w/ Roll French Fries Mixed Fruit side items	23 Corndog Baby Carrots Fresh Fruit side items	24 Chicken Nuggets w/ Roll Green Peas Diced Pears side items	25 Hamburger Garden Salad Applesauce side items	26 Cheese Pizza Fresh Cucumbers 100% Orange Juice side items
29 No School Professional Development Day side items	30 Turkey & Cheese Sandwich Fresh Cucumbers Diced Peaches side items	31 Spaghetti w/ Meatsauce & Roll Whole Kernel Corn Diced Pears side items	1 Bean & Cheese Burrito Baby Carrots Applesauce side items	2 Cheese Pizza Garden Salad 100% Fruit Juice side items



Choose and Entree: Our featured hot entrée, a hot handheld favorite; and a salad or a sandwich
Take up to 3 sides:
 Each meal includes: fresh varieties of fruit, and a healthful rotation of vegetables

Menu Subject to change

Additional Information

Meal Prices

Breakfast—\$1.50 Lunch \$2.75
 NO charge for students at Empire and Mark Twain



Grain Choice

We use only heart-healthy whole grain breads and rolls



Milk Choice

1% low fat & unflavored/ flavored fat-free choices \$.50