



Elementary Breakfast Menu

April 2018

2
**No School
Easter**

3
**Blueberry Muffin
Cocoa Puff Cereal Bar w/
Strawberry Yogurt**

Mixed Fruit
Apple Slices
100% Fruit Juice

4
**Chocolate Oat Benefit
Bar
Honey Bear Grahams
w/ String Cheese**

Fresh Banana
Applesauce
100% Apple Juice

5
**Glazed Donut
Cocoa Puff Cereal Bar w/
Cherry Yogurt**

Fresh Orange
Raisins
Cherry Star Veg Juice

6
**Cherry Frudel
Honey Bear Grahams
w/ String Cheese**

Diced Peaches
Fresh Fruit
100% Apple Juice

9
**Mini Blueberry
Waffles
Butterscotch Bar w/
String Cheese**

Fresh Apple
Diced Pears
100% Grape Juice

10
**Cinnamon Roll
Cocoa Puff Cereal Bar w/
Strawberry Yogurt**

Mixed Fruit
Apple Slices
100% Fruit Juice

11
**Morning Sausage Roll
Honey Bear Grahams
w/ String Cheese**

Fresh Banana
Applesauce
100% Apple Juice

12
**Pancakes w/ Syrup
Cocoa Puff Cereal Bar w/
Cherry Yogurt**

Fresh Orange
Raisins
Cherry Star Veg Juice

13
**Chocolate Muffin
Honey Bear Grahams w/
String Cheese**

Diced Peaches
Fresh Fruit
100% Apple Juice

16
**Apple Frudel
Butterscotch Bar w/
String Cheese**

Fresh Apple
Diced Pears
100% Grape Juice

17
**Pancake on a Stick
Cocoa Puff Cereal Bar
w/ Strawberry Yogurt**

Mixed Fruit
Apple Slices
100% Fruit Juice

18
**Breakfast Pizza
Honey Bear Grahams
w/ String Cheese**

Fresh Banana
Applesauce
100% Apple Juice

19
**Blueberry Muffin
Cocoa Puff Cereal Bar w/
Cherry Yogurt**

Fresh Orange
Raisins
Cherry Star Veg Juice

20
**Cinnamon Roll
Honey Bear Grahams
w/ String Cheese**

Diced Peaches
Fresh Fruit
100% Apple Juice

23
**No School
Professional
Development
Day**

24
**Banana Muffin
Cocoa Puff Cereal Bar
w/ Strawberry Yogurt**

Mixed Fruit
Apple Slices
100% Fruit Juice

25
**Scrambled Eggs w/
Cheese
Honey Bear Grahams
w/ String Cheese**

Fresh Banana
Applesauce
100% Apple Juice

26
**Sausage & Cheese
English Muffin
Cocoa Puff Cereal Bar w/
Cherry Yogurt**

Fresh Orange
Raisins
Cherry Star Veg Juice

27
**Mini Maple Waffles
Honey Bear Grahams
w/ String Cheese**

Diced Peaches
Fresh Fruit
100% Apple Juice

30
**Oatmeal Raisin Benefit
Bar
Butterscotch Bar w/
String Cheese**

Fresh Apple
Diced Pears
100% Grape Juice

More info...

Breakfast is a main entrée OR pick two from the grains and proteins offered each day for your meal

Assorted Whole Grain Cereals offered daily with WG Animal Crackers

More info...

Breakfast - \$ 1.50 Lunch - \$2.75
NO Charge for students at Empire
and Mark Twain

Grab a milk

1% low fat & unflavored/
flavored fat-free choices

Menu is subject to change