

1
No School Winter Break

2
No School Winter Break

3
No School Winter Break

4
No School Winter Break

5
No School Winter Break

8
Pancakes w/ Syrup Sausage & Cheese English Muffin

Fresh Apple
Diced Pears
100% Grape Juice

9
Banana Muffin Egg & Cheese English Muffin

Fresh Fruit
Mixed Fruit
100% Orange Juice

10
Cheesy Omelet w/ Hashbrown & toast Sausage & Cheese Biscuit

Fresh Banana
Applesauce
100% Orange Juice

11
Apple Churro w/ String Cheese Egg & Cheese English Muffin

Fresh Fruit
Raisins
Cherry Star Juice

12
Cinnamon Roll Egg & Cheese Biscuit

Diced Peaches
100% Apple Juice

15
No School Martin Luther King Day

16
Vanilla Glazed Donut Sausage & Cheese English Muffin

Fresh Fruit
Mixed Fruit
100% Orange Juice

17
Pancakes w/ Syrup Egg & Cheese Bagel

Fresh Banana
Applesauce
100% Orange Juice

18
Sausage Egg & Cheese Burrito Sausage & Cheese English Muffin

Fresh Fruit
Raisins
Cherry Star Juice

19
Biscuit & Gravy Ham & Cheese Biscuit

Diced Peaches
100% Apple Juice

22
Sausage Egg & Cheese Burrito Egg & Cheese English Muffin

Fresh Apple
Diced Pears
100% Grape Juice

23
Pancake on a Stick Sausage & Cheese English Muffin

Fresh Fruit
Mixed Fruit
100% Orange Juice

22
Cheesy Omelet w/ Hashbrown & Toast Ham & Cheese Bagel

Fresh Banana
Applesauce
100% Orange Juice

25
Chocolate Glazed Donut Egg & Cheese Biscuit

Fresh Fruit
Raisins
Cherry Star Juice

26
Cherry Frudel Sausage & Cheese English Muffin

Diced Peaches
100% Apple Juice

29
No School Professional Development Day

30
Cinnamon Roll Egg & Cheese English Muffin

Fresh Fruit
Mixed Fruit
100% Orange Juice

31
Ham, Egg & Potato Taco Egg & Cheese Bagel

Fresh Banana
Applesauce
100% Orange Juice

1
Pancakes w/ Syrup Sausage & Cheese English Muffin

Fresh Fruit
Raisins
Cherry Star Juice

2
Chocolate Chip Muffin Ham & Cheese Biscuit

Diced Peaches
100% Apple Juice

More info...

Additional Entrées Offered Throughout the Week:

Whole Grain Cocoa Puff Cereal Bar, Whole Grain Cereals w/ Whole Grain Animal Crackers, String Cheese, WG Poptart, WG Butterscotch Oat Bar
Yogurt Parfaits and Yogurt Cups
Assorted condiments offered daily

More info...

Grab a Milk
Low fat Unflavored
Skim Flavored / Unflavored
Offered daily

Meal Prices Breakfast:

Student- \$1.50
Adult - \$3.00

Printed Menu and Interactive Nutritional Data: carsoncit-schools.schoolish.com