



# Pre-K Breakfast

August 2018

		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31
WG Chocolate Muffin Strawberry Applesauce Cup	Rice Krispies Cereal Orange Wedges	Rice Chex Cereal Fresh Banana	Cheerios Cereal Strawberry Craisins	Strawberry Banana Yogurt w/ Animal Crackers Apple Wedges

**More info...**  
 All Grains are Whole Grain  
 Students will be asked to choose at least 3 items daily.

**More info...**  
**Meal Prices**  
 Breakfast - \$1.50 Lunch - \$2.85  
 NO Charge for Students at Empire

**Grab a milk**  
 1% low fat & unflavored fat-free choices