



# Pre-K Breakfast

## December 2018

<b>3</b> Blueberry Muffin Strawberry Applesauce Cup	<b>4</b> Rice Krispies Cereal Apple Wedges	<b>5</b> Rice Chex Cereal Fresh Banana	<b>6</b> Cheerios Cereal Strawberry Craisins	<b>7</b> Strawberry Banana Yogurt w/ Animal Crackers 100% Apple Juice
<b>10</b> Chocolate Muffin Strawberry Applesauce Cup	<b>11</b> Rice Krispies Cereal Apple Wedges	<b>12</b> Rice Chex Cereal Fresh Banana	<b>13</b> Cheerios Cereal Strawberry Craisins	<b>14</b> Strawberry Banana Yogurt w/ Animal Crackers 100% Orange Juice
<b>17</b> Blueberry Muffin Strawberry Applesauce Cup	<b>18</b> Rice Krispies Cereal Apple Wedges	<b>19</b> Rice Chex Cereal Fresh Banana	<b>20</b> Cheerios Cereal Strawberry Craisins	<b>21</b> Strawberry Banana Yogurt w/ Animal Crackers 100% Apple Juice
<b>24</b> No School	<b>25</b> No School	<b>26</b> No School	<b>27</b> No School	<b>28</b> No School
<b>31</b> No School				

### More info...

All Grains are Whole Grain  
 Students will be asked to choose at least 3 items daily.

### More info...

#### Meal Prices

Breakfast - \$1.50 Lunch - \$2.85  
 NO Charge for Students at Empire

### Grab a milk

1% low fat & unflavored fat-free choices