



Pre-K Breakfast

October 2017

<p>2</p> <p>No School Professional Development Day</p>	<p>3</p> <p>Rice Krispies Cereal Fresh Fruit</p>	<p>4</p> <p>Chocolate Oat Benefit Bar Fresh Banana</p>	<p>5</p> <p>Cheerios Cereal Raisins</p>	<p>6</p> <p>Strawberry Banana Yogurt w/ Animal Crackers Apple Wedges</p>
<p>9</p> <p>WG Blueberry Muffin Apple Juice</p>	<p>10</p> <p>Rice Krispies Cereal Fresh Fruit</p>	<p>11</p> <p>Chocolate Oat Benefit Bar Fresh Banana</p>	<p>12</p> <p>Cheerios Cereal Raisins</p>	<p>13</p> <p>Strawberry Banana Yogurt w/ Animal Crackers Apple Wedges</p>
<p>16</p> <p>Chocolate Chip Muffin Applesauce Cup</p>	<p>17</p> <p>Rice Krispies Cereal Fresh Fruit</p>	<p>18</p> <p>Oat Raisin Benefit Bar Fresh Banana</p>	<p>19</p> <p>Cheerios Cereal Raisins</p>	<p>20</p> <p>Strawberry Banana Yogurt w/ Animal Crackers Apple Slices</p>
<p>23</p> <p>Apple Cinnamon Muffin Orange Juice</p>	<p>24</p> <p>Rice Krispies Cereal Fresh Fruit</p>	<p>25</p> <p>Chocolate Oat Benefit Bar Fresh Banana</p>	<p>26</p> <p>Cheerios Cereal Raisins</p>	<p>27</p> <p>No School Nevada Day</p>
<p>30</p> <p>Blueberry Muffin Applesauce Cup</p>	<p>31</p> <p>Rice Krispies Cereal Fresh Fruit</p>	<p>1</p> <p>Oat Raisin Benefit Bar Fresh Banana</p>	<p>2</p> <p>Cheerios Cereal Raisins</p>	<p>3</p> <p>Strawberry Banana Yogurt w/ Animal Crackers Apple Slices</p>

More info...

All Grains are Whole Grain
Students will be asked to choose at least 3 items daily.

More info...

Meal Prices

Breakfast - \$1.50 Lunch - \$2.75
NO Charge for Students at Empire and Mark Twain

Grab a milk

1% low fat & unflavored fat-free choices