



Elementary Lunch Empire, Fremont, Mark Twain

1 No School Winter Break <i>side items</i>	2 No School Winter Break <i>side items</i>	3 No School Winter Break <i>side items</i>	4 No School Winter Break <i>side items</i>	5 No School Winter Break <i>side items</i>
8 Salisbury Steak w/ Gravy & Roll Spicy Chicken Sandwich Salad with Cheese & Roll <i>side items</i> Green Peas Baby Carrots Garden Salad Mixed Fruit Apple Slices	9 Chicken Nuggets w/ Roll Bean & Cheese Burrito Make Your Own Pepperoni Pizza Bagel <i>side items</i> Baby Carrots Fresh Cauliflower Garden Salad Diced Peaches Fresh Fruit	10 Soup Month Special Chili w/ Roll Chicken Tenders w/ Roll Fruit & Cheese Plate w/ Bear Grahams <i>side items</i> Whole Kernel Corn Celery Sticks Garden Salad Fresh Banana Diced Pears	11 Crispy Beef Tacos Hotdog on Bun Ham & Cheese Sandwich <i>side items</i> Kickin' Pinto Beans Garden Salad Fresh Broccoli Fresh Fruit Applesauce	12 Cheese Pizza Cheeseburger Turkey & Cheese Wrap <i>side items</i> Baby Carrots Fresh Cucumbers Garden Salad Fresh Apple 100% Orange Juice
15 No School Martin Luther King Day <i>side items</i>	16 National Hotdog Day Hotdog On Bun Popcorn Chicken w/ Roll Turkey Chef Salad w/ Roll <i>side items</i> Green Peas Baby Carrots Garden Salad Fresh Fruit Diced Peaches	17 BBQ Chicken Sandwich Fish Sticks w/ Roll Ham Sandwich <i>side items</i> Campfire Beans Garden Salad Fresh Cauliflower Fresh Banana Diced Pears	18 Tangerine Chicken w/ Brown Rice Hamburger Popcorn Chicken Salad w/ Roll <i>side items</i> Whole Kernel Corn Celery Sticks Garden Salad Fresh Fruit Applesauce	19 Pepperoni Pizza Chicken Patty Sandwich Ham & Cheese Wrap <i>side items</i> Fresh Cucumbers Baby Carrots Garden Salad Fresh Apple 100% Fruit Juice
22 Chicken Drumstick w/ Roll Hotdog on Bun Make Your Own Pepperoni Pizza Bagel <i>side items</i> French Fries Fresh Broccoli Garden Salad Mixed Fruit Apple Slices	23 Rotini w/ Meatsauce & Roll Corndog Turkey Wrap <i>side items</i> Whole Kernel Corn Baby Carrots Garden Salad Fresh Fruit Diced Peaches	24 BBQ Riblet Sandwich Chicken Nuggets w/ Roll All American Chef Salad w/ Roll <i>side items</i> Green Peas Fresh Cauliflower Garden Salad Fresh Banana Diced Pears	25 Crispy Beef Tacos Hamburger Turkey & Cheese Hoagie <i>side items</i> Refried Beans Celery Sticks Garden Salad Fresh Fruit Applesauce	26 Pepperoni Pizza Chicken Patty Sandwich Ham Chef Salad w/ Roll <i>side items</i> Fresh Cucumbers Baby Carrots Garden Salad Fresh Apple 100% Fruit Juice
29 No School Professional Development Day <i>side items</i>	30 Sloppy Joe on Bun Corndog Turkey & Cheese Sandwich <i>side items</i> Green Peas Fresh Cucumbers Garden Salad Fresh Fruit Diced Peaches	31 Spaghetti w/ Meatsauce & Roll Spicy Chicken Patty Sandwich All American Cobb Salad w/ Roll <i>side items</i> Whole Kernel Corn Celery Sticks Garden Salad Fresh Banana Diced Pears	1 Bean & Cheese Burrito Hotdog on Bun Ham Pizza Salad w/ Roll <i>side items</i> Campfire Beans Baby Carrots Garden Salad Fresh Fruit Applesauce	2 Cheese Pizza Fish Sandwich Ham & Cheese Hoagie <i>side items</i> Fresh Broccoli Fresh Cauliflower Garden Salad Fresh Apple 100% Orange Juice



Choose and Entree: Our featured hot entrée, a hot handheld favorite; and a salad or a sandwich
Take up to 3 sides:
 Each meal includes: fresh varieties of fruit, and a healthful rotation of vegetables
Menu Subject to change

Additional Information

Meal Prices

Breakfast—\$1.50 Lunch \$2.75
NO charge for students at Empire and Mark Twain



Grain Choice

We use only heart-healthy whole grain breads and rolls



Milk Choice

1% low fat & unflavored/ flavored fat-free choices \$.50