



# December 2018

## Elementary Lunch Empire, Fremont, Mark Twain

<p><b>3</b> Chili w/ Roll <b>Cheeseburger</b> Ham Sandwich</p> <p><i>side items</i></p> <p>Tater Tots Fresh Broccoli Garden Salad Fresh Fruit Mixed Fruit</p>	<p><b>4</b> Spaghetti w/ Meatsauce <b>Boneless Wings w/ Roll</b> Egg Chef Salad w/ Roll</p> <p><i>side items</i></p> <p>Green Beans Baby Carrots Garden Salad Apple Slices Diced Pears</p>	<p><b>5</b> <b>Comfort Food</b> <b>Macaroni &amp; Cheese</b> Chicken &amp; Chili Taquito Fruit &amp; Cheese Plate w/ Roll</p> <p><i>side items</i></p> <p>Whole Kernel Corn Cucumbers Garden Salad Fresh Banana Diced Peaches</p>	<p><b>6</b> Beef Tacos <b>Chicken Nuggets w/ Roll</b> Turkey &amp; Cheese Sub</p> <p><i>side items</i></p> <p>Refried Beans Celery Sticks Garden Salad Applesauce Mixed Berry Fruit Cup</p>	<p><b>7</b> <b>Pepperoni Pizza</b> Chicken Patty Sandwich All American Wrap</p> <p><i>side items</i></p> <p>Baby Carrots Cauliflower Garden Salad Fresh Apple 100% Orange Juice</p>
<p><b>10</b> <b>Fish Bites w/ Roll</b> Meatball Sub Make Your Own Pepperoni Pizza Bagel</p> <p><i>side items</i></p> <p>Seasoned Crisscut Fries Grape Tomatoes Garden Salad Fresh Fruit Mixed Fruit</p>	<p><b>11</b> BBQ Chicken Sandwich <b>Chicken Tenders w/ Roll</b> Turkey Sub</p> <p><i>side items</i></p> <p>Campfire Beans Cucumbers Garden Salad Apple Slices Diced Pears</p>	<p><b>12</b> Penne w/ Meatsauce <b>Italian Dunkers w/ Marinara</b> All American Sandwich</p> <p><i>side items</i></p> <p>Green Beans Celery Sticks Garden Salad Fresh Banana Diced Peaches</p>	<p><b>13</b> <b>Birthday Celebration</b> <b>Mini Confetti Pancakes</b> <b>w/ Sausage Patties</b> Hotdog on Bun Chicken Chef Salad w/ Roll</p> <p><i>side items</i></p> <p>Tater Tots Baby Carrots Garden Salad Applesauce Fresh Fruit</p>	<p><b>14</b> <b>Cheese Pizza</b> BBQ Riblet Sandwich Sunbutter &amp; Jelly Sandwich</p> <p><i>side items</i></p> <p>Whole Kernel Corn Fresh Broccoli Garden Salad Mixed Berry Fruit Cup Orange Juice</p>
<p><b>17</b> Loaded Cheeseburger <b>Corndog</b> Ham &amp; Cheese Sandwich</p> <p><i>side items</i></p> <p>Whole Kernel Corn Baby Carrots Garden Salad Fresh Fruit Mixed Fruit</p>	<p><b>18</b> <b>Breaded Drumstick w/ Roll</b> Grilled Cheese Sandwich Turkey &amp; Cheese Wrap</p> <p><i>side items</i></p> <p>Campfire Beans Cucumbers Garden Salad Apple Slices Diced Pears</p>	<p><b>19</b> Tangerine Chicken w/ Rice <b>Hamburger</b> Chicken &amp; Cheese Salad w/ Roll</p> <p><i>side items</i></p> <p>Steamed Broccoli Garden Salad Fresh Cauliflower Fresh Banana Diced Peaches</p>	<p><b>20</b> Turkey w/ Gravy &amp; Roll <b>Boneless Wings w/ Roll</b> All American Sub</p> <p><i>side items</i></p> <p>Green Beans Garden Salad Applesauce Fresh Fruit Candy Cane Ice Cream Cup</p>	<p><b>21</b> <b>Pepperoni Pizza</b> Chicken Patty Sandwich Turkey &amp; Cheese Sandwich</p> <p><i>side items</i></p> <p>Baby Carrots Cucumbers Garden Salad Mixed Berry Fruit Cup 100% Orange Juice</p>
<p><b>24</b> <b>No School</b></p> <p><i>side items</i></p>	<p><b>25</b> <b>No School</b></p> <p><i>side items</i></p>	<p><b>26</b> <b>No School</b></p> <p><i>side items</i></p>	<p><b>27</b> <b>No School</b></p> <p><i>side items</i></p>	<p><b>28</b> <b>No School</b></p> <p><i>side items</i></p>
<p><b>31</b> <b>No School</b></p> <p><i>side items</i></p>	<p><i>side items</i></p>	<p><i>side items</i></p>	<p><i>side items</i></p>	<p><i>side items</i></p>



**Choose and Entree:** Our featured hot entrée, a hot handheld favorite; and a salad or a sandwich  
**Take up to 3 sides:**  
Each meal includes: fresh varieties of fruit, and a healthful rotation of vegetables

**Menu Subject to change**

### Additional Information

#### Meal Prices

Breakfast—\$1.50 Lunch \$2.85  
NO charge for students at Empire



#### Grain Choice

We use only heart-healthy whole grain breads and rolls



#### Milk Choice

1% low fat & unflavored/ flavored fat-free choices \$.50