



August 2018

Kindergarten Lunch Menu Empire, Fremont, Mark Twain

		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
Breaded Drumstick w/ Roll	Boneless Wings w/ Roll	Bean & Cheese Burrito	Chicken Nuggets w/ Roll	Cheese Pizza
Mashed Potatoes Mixed Fruit	Green Beans Diced Pears	Whole Kernel Corn Fresh Banana	Refried Beans Applesauce	Baby Carrots 100% Fruit Juice
27	28	29	30	31
Fish Bites w/ Roll	Chicken Tenders w/ Roll	Italian Dunkers w/ Marinara Sauce	Hotdog on Bun	Cheese Pizza
Seasoned Crisscut Fries Orange Wedges	Apple Slices Garden Salad	Green Beans Diced Peaches	Baby Carrots Applesauce	Whole Kernel Corn 100% Fruit Juice



Choose and Entree: Our featured hot entrée, a hot handheld favorite; and a salad or a sandwich
Take up to 3 sides:
 Each meal includes: fresh varieties of fruit, and a healthful rotation of vegetables

Menu Subject to change

Additional Information

Meal Prices

Breakfast—\$1.50 Lunch \$2.75
 NO charge for students at Empire and Mark Twain



Grain Choice

We use only heart-healthy whole grain breads and rolls



Milk Choice

1% low fat & unflavored/ flavored fat-free choices \$.50