



October 2017

Kindergarten Lunch Menu Empire, Fremont, Mark Twain

2 No School Professional Development Day side items	3 Chicken Nuggets w/ Breadstick Green Peas Diced Peaches side items	4 Hotdog on Bun Garden Salad Fresh Banana side items	5 Hamburger Celery Sticks Applesauce side items	6 Cheese Pizza Baby Carrots 100% Fruit Juice side items
9 Chicken Drumstick w/ Roll French Fries Mixed Fruit side items	10 Rotini w/ Meatsauce Grape Tomatoes Diced Peaches side items	11 Chicken Nuggets w/ Breadstick Green Peas Diced Pears side items	12 Hamburger Garden Salad Applesauce side items	13 Cheese Pizza Baby Carrots 100% Fruit Juice side items
16 Meatloaf w/ Roll French Fries Mixed Fruit side items	17 Popcorn Chicken w/ Roll Fresh Cucumbers Diced Peaches side items	18 Spaghetti w/ Meatsauce Celery Sticks Diced Pears side items	19 Bean & Cheese Burrito Baby Carrots Applesauce side items	20 Cheese Pizza Fresh Broccoli 100% Orange Juice side items
23 Chicken Drumstick w/ Roll Whole Kernel Corn Mixed Fruit side items	24 Cheeseburger Grape Tomatoes Diced Peaches side items	25 Tangerine Chicken w/ Brown Rice Green Peas Fresh Banana side items	26 Corndog Celery Sticks Applesauce side items	27 No School Nevada Day side items
30 Salisbury Steak w/ Roll Grape Tomatoes Mixed Fruit side items	31 Popcorn Chicken w/ roll Garden Salad Diced Peaches side items	1 Chili Mac Celery Sticks Fresh Banana side items	2 Hotdog on Bun Fresh Broccoli Applesauce side items	3 Cheese Pizza Fresh Cucumbers 100% Orange Juice side items



Choose and Entree: Our featured hot entrée, a hot handheld favorite; and a salad or a sandwich
Take up to 3 sides:
 Each meal includes: fresh varieties of fruit, and a healthful rotation of vegetables

Menu Subject to change

Additional Information

Meal Prices

Breakfast—\$1.50 Lunch \$2.75
 NO charge for students at Empire and Mark Twain



Grain Choice

We use only heart-healthy whole grain breads and rolls



Milk Choice

1% low fat & unflavored/ flavored fat-free choices \$.50