



Elementary Breakfast Menu

August 2018

		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31

20
WG Pancakes w/ Syrup
Despicable Me
Grahams w/ String
Cheese

Fresh Apple
 Diced Pears
 100% Grape Juice

21
WG Blueberry Muffin
Goldfish Pretzels w/
Strawberry Banana
Yogurt

Orange Wedges
 Mixed Fruit
 100% Fruit Juice

22
Omelet w/ Tater tots &
Toast
Honey Bear Grahams
w/ String Cheese

Fresh Banana
 Applesauce
 100% Orange Juice

23
WG Glazed Donut
Goldfish Pretzels w/
Strawberry Banana
Yogurt

Fresh Orange
 Strawberry Craisins
 100% Fruit Juice

24
Cherry Frudel
Despicable Me
Grahams w/ String
Cheese

Fresh Apple
 Diced Peaches
 100% Apple Juice

27
Biscuit & Gravy
Despicable Me Grahams
w/ String Cheese

Fresh Apple
 Diced Pears
 100% Grape Juice

28
WG Cinnamon Roll
Goldfish Pretzels w/
Strawberry Banana
Yogurt

Orange Wedges
 Mixed Fruit
 100% Fruit Juice

29
WG Apple Bosco Stick
Honey Bear Grahams
w/ String Cheese

Fresh Banana
 Applesauce
 100% Orange Juice

30
WG Mini Strawberry
Pancakes
Goldfish Pretzels w/
Strawberry Banana
Yogurt

Fresh Orange
 Strawberry Craisins
 100% Fruit Juice

31
WG Chocolate Chip
Muffin
Despicable Me
Grahams w/ String
Cheese

Fresh Apple
 Diced Peaches
 100% Apple Juice

More info...
 Breakfast is a main entrée OR pick two from the grains and proteins offered each day for your meal

Assorted Whole Grain Cereals offered daily with WG Animal Crackers

More info...

Grab a milk
 1% low fat & unflavored/
 flavored fat-free choices
 Menu is subject to change

Breakfast - \$ 1.50 Lunch - \$2.85
NO Charge for students at Empire