



# Elementary Breakfast Menu

January 2018

1

**No School Winter Break**

2

**No School Winter Break**

3

**No School Winter Break**

4

**No School Winter Break**

5

**No School Winter Break**

8

**Mini Strawberry Pancakes  
Butterscotch Bar w/  
String Cheese**

Fresh Apple  
Diced Pears  
100% Grape Juice

9

**Banana Muffin  
Cocoa Puff Cereal Bar w/  
Strawberry Yogurt**

Mixed Fruit  
Fresh Fruit  
100% Fruit Juice

10

**Breakfast Pizza  
Honey Bear Grahams  
w/ String Cheese**

Fresh Banana  
Applesauce  
100% Orange Juice

11

**Sausage & Cheese  
English Muffin  
Cocoa Puff Cereal Bar w/  
Cherry Yogurt**

Fresh Fruit  
Raisins  
Cherry Star Veg Juice

12

**Mini Maple Waffles  
Honey Bear Grahams w/  
String Cheese**

Diced Peaches  
Fresh Grapes  
100% Apple Juice

15

**No School Martin Luther King Day**

16

**Chocolate Muffin  
Cocoa Puff Cereal Bar  
w/ Strawberry Yogurt**

Mixed Fruit  
Fresh Fruit  
100% Fruit Juice

17

**Pancakes w/ syrup  
Honey Bear Grahams  
w/ String Cheese**

Fresh Banana  
Applesauce  
100% Orange Juice

18

**Bacon Egg & Cheese  
Bosco Stick  
Cocoa Puff Cereal Bar w/  
Cherry Yogurt**

Fresh Fruit  
Raisins  
Cherry Star Veg Juice

19

**Pancake on a Stick  
Honey Bear Grahams  
w/ String Cheese**

Diced Peaches  
Fresh Grapes  
100% Apple Juice

22

**Bacon Egg & Cheese  
Bosco Stick  
Butterscotch Bar w/  
String Cheese**

Fresh Apple  
Diced Pears  
100% Grape Juice

23

**Blueberry Muffin  
Cocoa Puff Cereal Bar  
w/ Strawberry Yogurt**

Mixed Fruit  
Fresh Fruit  
100% Fruit Juice

24

**Chocolate Oat Benefit  
Bar  
Honey Bear Grahams  
w/ String Cheese**

Fresh Banana  
Applesauce  
100% Orange Juice

25

**Glazed Donut  
Cocoa Puff Cereal Bar w/  
Cherry Yogurt**

Fresh Fruit  
Raisins  
Cherry Star Veg Juice

26

**Cherry Frudel  
Honey Bear Grahams  
w/ String Cheese**

Diced Peaches  
Fresh Grapes  
100% Apple Juice

29

**No School Professional Development Day**

30

**Cinnamon Roll  
Cocoa Puff Cereal Bar w/  
Strawberry Yogurt**

Mixed Fruit  
Fresh Fruit  
100% Fruit Juice

31

**Egg & Cheese English  
Muffin  
Honey Bear Grahams  
w/ String Cheese**

Fresh Banana  
Applesauce  
100% Orange Juice

1

**Pancakes w/ syrup  
Cocoa Puff Cereal Bar w/  
Cherry Yogurt**

Fresh Fruit  
Raisins  
Cherry Star Veg Juice

2

**Chocolate Muffin  
Honey Bear Grahams  
w/ String Cheese**

Diced Peaches  
Fresh Grapes  
100% Apple Juice

## More info...

Breakfast is a main entrée OR pick two from the grains and proteins offered each day for your meal

Assorted Whole Grain Cereals offered daily with WG Animal Crackers

## More info...

Breakfast - \$ 1.50 Lunch - \$2.75  
NO Charge for students at Empire and Mark Twain

## Grab a milk

1% low fat & unflavored/  
flavored fat-free choices

Menu is subject to change